

2012

# King County Resource & Referral Guide



Deanne Gilmur

Western State Hospital

1/1/2012

## Emergency Contact Numbers

Emergency	911
King County Crisis Clinic 24 hour line	866-427-4747 206-461-3222
Downtown Emergency Services Center (515 3 <sup>rd</sup> Ave)	206-464-1570 ext. 3033 206-624-4196
Seattle Emergency Housing	206-461-3660
Emergency Food Programs	800-621-4636
Domestic Violence Hotline	888-998-6423
Emergency Feeding Program of Seattle and King County (7100 42 <sup>nd</sup> Ave So.)	206-329-0300
Catholic Community Services	206-323-6336
Alcohol/Drug 24 Hour Helpline	206-722-3700
Broadview Emergency Shelter	206-622-4933
<b>Suicide Prevention</b>	<b>800-273-8255</b>
Catholic Community Services Emergency Assistance	425-213-1963
NAMI Greater Seattle Mental Health Helpline	800-782-9264
Operation Emergency Center	206-772-9232
King County Community Information line	800-621-4636
King County Human Services Depart.	206-684-0281

## Emergency Financial Assistance

University Churches Emergency Fund	206-524-7885
Hopelink (Emergency Financial Assist.)	425-943-7555 206-440-7300 425-882-0241

## Clothing, Furniture & Household

### Goods

Bargain Fair Thrift Store	206-547-4680
The Church Council of Greater Seattle	
Sharehouse (furniture bank)	206-767-5280
Ballard Food Bank (hygiene items, gas, electric, and water bill assistance)	206-789-7800
Bellevue Life Spring Clothing	425-454-6424
Bread of Life Mission	206-722-4196
Catholic Community Services Food Bank	206-623-7219
Chief Seattle Club	206-292-6214
Deseret Industries Thrift Store (Shoreline)	206-542-9447
Downtown Emergency Service Center Thrift Store	206-748-9080
Ecclesia Community Church Clothing Bank (Renton)	206-478-5316
Emerald City Community	
Seventh Day Adventist Church (Clothing)	206-322-0717
Society of St. Vincent	206-767-9975
King County Veterans Program (Renton)	206-296-7656
Children's Home Society	
North Seattle Center/Furniture	206-364-7930
King County YMCA (Redmond)	425-556-1350 206-325-3453
Dress for Success (1118 5 <sup>th</sup> Ave)	206-325-3453
Redmond Working Wardrobe YWCA Family Village (16601 NE 80 <sup>th</sup> , Redmond)	424-556-1354
Jubilee Women's Center (620 18 <sup>th</sup> Ave E. Capitol Hill)	206-957-5511

## Transportation

King County Metro Transit	
Accessible Services	206-205-5000
Reduced Bus Fare Permit Community Transit and Sound Transit (Everett)	425-348-2350 Ext. 0
Dial-A-Ride-DART Customer Information	866-261-3278
Sound Transit	206-398-5000
Hopelink-Medical Transportation	800-923-7433
Issaquah Community Services Transportation Assistance	425-837-3125
Kent Housing and Human Services Bus Tickets	253-856-5070
Neighborhood House Helpline Transportation Assistance	206-767-7124
Queen Ann Helpline/Bus Tickets	206-282-1540
Society of Saint Vincent de Paul Transportation Assistance	206-767-6449
Solid Ground Transportation	206-694-6771
Seattle Human Services Department Reduced Fare Bus Tickets	206-386-1001

## Utilities

Ballard Food Bank Utility Assistance	206-789-7800
Bellevue Life Spring Rent and Utility Assistance	425-451-1175
Central Area Motivation Program Energy Assistance	800-348-7144
Maple Valley Emergency Services Utility Assistance	425-432-8139
North Helpline/Utility Assistance	206-365-8043
Salvation Army Utility Assistance: East King	425-452-7300 ext. 205
Federal Way/Des Moines	253-946-7933
Kent	253-852-4983
Renton	425-255-5969
Seattle/Central	206-447-9944
White Center	206-767-3150 ext. 102

## Utilities, cont

University Churches Emergency Fund Utility Assistance	206-524-7885
211 Community Information Line Utility Assistance	800-621-4636 or 211

*Each city offers discounted utilities services for seniors or those people with a disability. Call the utility department in your city.*

## Telephone

Washington Telephone Assistance Prog.	888-700-8880
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## Housing

Compass Housing	206-357-3190
Community House Mental Health	206-324-9021 206-329-6485
Navos Housing and Residential Services	206-248-8226
DESC Downtown Emergency Service Center	
Permanent Supportive Housing (515 3 <sup>rd</sup> Ave.)	206-464-1570 ext. 0
Inland Empire Residential Resources/Creative Living Services (12723 37 <sup>th</sup> Ave.) (12336 3 <sup>rd</sup> Ave.)	206-286-9002 206-286-9002
SunRise Services/Everett	425-347-3149
Hospitality House/Burien	206-242-1860
Salvation Army Social Services	
Department of Seattle (Ask about other locations.)	206-447-9944
DEHS Economic Services Administration Community Services Office Region 4	206-272-2140
Seattle Housing Authority	206-615-3300
Seattle Housing and Resource Effort	206-615-3300
King County Housing Authority	206-574-1100
YMCA of Seattle King, and Snohomish Counties	206-461-4888

Hopelink Housing:	
Bellevue	425-943-7555
Kirkland	425-889-7880
Northshore	425-485-6521
Redmond	425-882-0241
Shoreline	206-440-7300
Snohomish Valley	425-333-4163

Everett Housing Authority	425-258-9222
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Snohomish County Housing Authority	425-290-8499
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Renton Housing Authority	425-226-1850
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## **Legal Assistance and Advocacy**

Mental Health Ombuds Services for King County	206-205-5329 800-790-8049
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NAMI Greater Seattle	206-783-9264
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NW Justice Project	866-280-4095
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CLEAR	888-201-1014
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Eastside Legal Assistance Program	211
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King County Bar Association Neighborhood Clinics	206-267-7070
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Washington Protection and Advocacy	800-562-2702
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Better Business Bureau of Washington	206-431-2222
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Columbia Legal Services	206-464-5936
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Catholic Community Services Legal Action Centers	206-328-5696
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Washington State Attorney General's Office/Consumer Protection	800-692-5082
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## **Food/Food Banks**

Society of St. Vincent de Paul Food and Clothing Bank (5972 Fourth Ave So.)	206-767-9975 206-767-7888
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White Center Food Bank	206-762-2848
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Northwest Harvest Cherry Street Food Bank	206-625-0755
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Asian Counseling International District Food Bank (919 So. King St)	206-292-5714
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Ballard Food Bank (5130 Leary Ave. NW)	206-789-7800
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Beacon Ave. Food Bank (5050 8 <sup>th</sup> Ave NE)	206-930-6005
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Chicken Soup Brigade (1002 E. Seneca)	206-957-1662
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Downtown Food Bank (1531 Western Ave.)	206-626-6462
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El Centro Food Bank (2524 16 <sup>th</sup> Ave. So.)	206-329-7960
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Immanuel Community Services (1215 Thomas)	206-622-1930
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Family Works Food Bank (1501 N 45 <sup>th</sup> St)	206-694-6723
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Beacon Avenue Food Bank Community House Mental Health Agency Meal Program	206-322-2387
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Community lunch on Capitol Hill	206-484-7247
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Jewish Family Service (1601 16 <sup>th</sup> Ave) Ext. 3174	206-461-3240
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Lake City Food Bank (12736 33 <sup>rd</sup> Ave NE)	206-367-3477
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Paradise of Praise Food Bank (1316 SW Holden St)	206-768-2745
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Phinney Ridge Food Bank (7500 Greenwood Ave N)	206-784-7964
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Providence Regina House (8201 10 <sup>th</sup> Ave So)	206-763-9204
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## **Food/Food Banks, cont**

Rainier Valley Food Bank (4205 Rainier Ave So)	206-723-4105
Fall City Food Pantry	425-222-5458
Salvation Army Food Bank (9050 16 <sup>th</sup> Ave SW)	206-767-3150 Ext. 102
Spiritual Miracles Food Bank (12600 Renton Ave S.)	206-380-6237
University District Food Bank (1413 NE 50 <sup>th</sup> )	206-523-7060
Volunteers of America Greenwood Food Bank (9041 Greenwood Ave N)	206-782-6731
West Seattle Food Bank (3419 SW Morgan St)	206-932-9023
Algona-Pacific Food Pantry (603 3 <sup>rd</sup> Ave SE)	253-351-0450
Auburn Food Bank (930 18 <sup>th</sup> PI NE)	253-833-8925

## **Health Insurance**

Washington State Insurance Comm.	800-562-6900
RX for Washington	877-923-6779
Statewide Health Ins. Benefits Advisor	800-562-6900
Social Security	800-325-0778 800-772-1213
Basic Health Plan	800-826-2444 800-660-9840

## **Work/Vocational**

Division of Vocational Rehabilitation (3600 S. Graham)	206-720-3200
Goodwill Industries	206-329-1000
Worksource Center (2024 3 <sup>rd</sup> Ave.)	206-436-8600

## **Support/Advocacy**

NAMI So. King County (515 W. Harrison, Kent)	425-643-7622
NAMI Greater Seattle (802 NW 70 <sup>th</sup> St)	206-783-9264
NAMI Eastside (Redmond)	425-885-6264
Alcoholics Anonymous (1759 1 <sup>st</sup> Ave. E.)	206-587-2838